



2016 Frost Volleyball

Lady Polar Bears

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Teams</u>	<u>Time</u>
Fri.	Aug. 5	Scrmg Rice/Blum	Frost	JV/V	9:00
Tues.	Aug. 9	Abbott	Frost	JV/V	5:30
Thurs/Sat	Aug. 11/13	Dawson Tournament	Dawson	V	TBA
Fri.	Aug. 12	Keene	Frost	JV/V	5:00
Tues.	Aug. 16	Kerens	Kerens	JV/V	5:00
Fri.	Aug. 19	Dawson	Frost	JV/V	5:00
Tues.	Aug. 23	Groesbeck	Groesbeck	JV/V	5:00
Thurs/Sat	Aug. 25/27	Blooming Grove Tournament	BG	V	TBA
Fri.	Aug. 26	Trinidad	Trinidad	V/JV	4:00
Tues.	Aug. 30	Blooming Grove	BG	JV/V	5:30
Thurs/Sat	Sept. 1/3	Hillsboro Tournament	Hillsboro	V	TBA
Thurs/Sat	Sept. 1/3	Blooming Grove Tournament	BG	JV	TBA
Fri.	Sept. 2	Axtell	Axtell	V/JV	4:30
Tues.	Sept. 6	Clifton	Frost	JV/V	5:00
Tues.	Sept. 13	Avalon *	Frost	JV/V	5:30
Tues.	Sept. 20	Gateway*	Frost	Dual V	4:30
Sat.	Sept. 24	Irving Universal Academy *	Irving	V	10:00
Tues.	Sept. 27	Milford *	Frost	V	5:30
Fri.	Sept. 30	Italy *	Italy	JV/V	4:30
Tues.	Oct. 4	Tolar	Frost	JV/V	5:00
Sat.	Oct. 8	Avalon *	Avalon	JV/V	10:00
Tues.	Oct. 11	Garland Alpha Charter*	Frost	Dual JV/V	5:30
Tues.	Oct. 18	Irving Universal Academy *	Frost	V	5:30
Fri.	Oct. 21	Milford *	Milford	V	4:30
Tues.	Oct. 25	Italy *	Frost	JV/V	5:30



Jr. High Volleyball

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Time</u>
Thurs.	9/8	Avalon	Frost	5:30
Mon.	9/12	Milford	Milford	5:30
Mon.	9/19	Italy	Frost	5:30
Mon.	9/26	Itasca	Itasca	5:30
Mon.	10/3	Aquilla	Aquilla	5:30
Mon.	10/10	Avalon	Avalon	5:30
Mon.	10/17	Milford	Frost	5:30
Mon.	10/17	Aquilla	Frost	6:15
Sat.	10/22	Italy	Italy	9:00
Sat.	10/22	District Tournament	Italy	TBA